

Full Report (All Nutrients) 45195645, THAI - STYLE SALAD WITH CHICKEN, UPC: 030223009788

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Taylor Fresh Foods, Inc.

Nutrient	Unit	Data points	Std. Error	1 SALAD 340g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	490	144
Protein	g	--	--	22.98	6.76
Total lipid (fat)	g	--	--	26.01	7.65
Carbohydrate, by difference	g	--	--	45.02	13.24
Fiber, total dietary	g	--	--	6.1	1.8
Sugars, total	g	--	--	22.98	6.76
Minerals					
Calcium, Ca	mg	--	--	99	29
Iron, Fe	mg	--	--	4.49	1.32
Sodium, Na	mg	--	--	1210	356
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	42.2	12.4
Vitamin A, IU	IU	--	--	8500	2500
Lipids					
Fatty acids, total saturated	g	--	--	3.502	1.030
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	31	9

Amino Acids

Other

Ingredients

ASIAN STYLE SLAW (CABBAGE, NAPA CABBAGE, CARROT, CELERY, RED CABBAGE, GREEN ONION), THAI STYLE PEANUT CILANTRO DRESSING (PEANUT BUTTER [PEANUTS, SUGAR, DEXTROSE, HYDROGENATED VEGETABLE OIL (RAPESEED, COTTONSEED AND/OR SOYBEAN OIL), SALT, MOLASSES], WATER, RICE WINE VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SOYBEAN OIL, SUGAR, HONEY, LESS THAN 2% OF: SALT, SOYBEANS, WHEAT, SPICE, XANTHAN GUM, CAYENNE PEPPER, DRIED CILANTRO), ROMAINE LETTUCE, WHITE MEAT CHICKEN (CHICKEN BREAST WITH RIB MEAT, WATER, CULTURED SUGAR AND VINEGAR, POTATO STARCH, SEA SALT, NATURAL FLAVORS), CUCUMBER, RED BELL PEPPER, PEANUTS,

WONTON STRIPS (ENRICHED FLOUR [WHEAT FLOUR, ENZYME, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], VEGETABLE OIL [SOYBEAN AND/OR COTTONSEED OIL], WATER, CORNSTARCH, SALT, SODIUM BENZOATE [PRESERVATIVE]). *Date Available:* 11/11/2016 *Date Last Updated by Company:* 11/11/2016